



Bridge Frequently Asked Questions (and Answers)

Q: What are your visiting hours?

Bridge has visiting hours from 6:30pm-8:30pm on Wednesdays and from 1:30pm-3:30pm on Sundays

Q: Do you allow therapy dogs?

No, we are not able to allow any therapy animals for patients in the building.

Q: Can I smoke?

Yes, in designated areas during non-program times. Chewing tobacco and vapes are not allowed.

Q: Can I bring my phone?

Cell phones are placed in a secure area during your time in treatment. You can use your phone if your counselor agrees to it. You'll have access to the center's phones in the morning, over lunch, and after programming ends at 4:30pm, Monday thru Friday. These phones are also available all-day Saturday and Sunday.

Q: Can I bring my computer or tablet?

You'll need to talk with your counselor about the use of a computer or tablet but even if it's approved, you'll need to be monitored by staff. It's our way of making sure our facility is safe and free from substances.

Q: Can I bring things like TVs, guitars/musical instruments, and video games?

Outside TVs are not allowed but there are areas within the facility that have TVs which can viewed outside of group times. Musical instruments can be brought into the facility, but Meridian Behavioral Health is not responsible for any lost, stolen, or damaged property. The playing of instruments should be respectful of others. Video games are not allowed nor are there video games available. Time in treatment should be focused on you and your recovery.

Q: How many people are in a room and how are roommates assigned?

We have two types of bedrooms, dormitory-style and suites. The dormitory-style rooms have either 2 beds or 4 beds and our suite rooms have 2 beds in each room and there are 2 bedrooms to a suite. Roommates are determined by who is admitting and discharging to the facility, but a request can be made to move rooms if there are concerns with roommates.

Q: How does laundry work?



We have a laundry room and you can sign up for a laundry time.

Q: Can I bring snacks?

Yes, or you can have others bring you snacks. For the safety of all, staff will go through whatever is received. There are also soda and snack vending machines in the building.

Q: Who makes the meals? What if I have dietary requirements?

Bridge Recovery has a contract with New Horizons Food, which prepares meals onsite. If there are dietary requirements the nursing staff will address this with you upon admission and will communicate any dietary needs to the kitchen staff.

Q: Do you allow passes? What about off-site appointments?

Passes are not a typical part of programming, but can be approved on a case by case basis depending upon the reason the pass is being requested. If you have a medical or other off-site appointment we can help you get there but is limited to the availability of our vehicles and drivers.

Q: Am I allowed to bring in vitamins or other over-the-counter medications?

Over-the-counter medications are provided by the nursing department as needed, so you do not need to bring these in. If you want to bring in vitamins they must be in a new, unopened bottle.