



Cedar Ridge Questions and Answers

Can I have my cell phone, a computer, iPad/tablet, or gaming system? Yes. Personal electronic devices are defined as cell phones, tablets, laptops, blue tooth headphones, handheld/portable gaming systems, or music players. Personal wearable devices include smart rings, smart watches, smart glasses, and other similar items. Use is permitted but limited under certain circumstances.

Can I smoke? Cigarettes are allowed. No vapes or chewing tobacco of any kind are allowed.

Can I have visitors? Yes. Visitors must be supportive of sobriety and be approved by your counselor. Visiting hours are Tuesday from 5-7pm and Sunday from 12-2pm. You can have up to 4 adult visitors per day, but only 2 can be here at a time. For example, if you have 4 people that want to visit on Tuesday, 2 of them can come from 5-6, and the other two can come from 6-7.

Can I have a therapy animal? No therapy or emotional support animals are allowed. A registered service animal may be allowed in special cases, but we would need to have official documentation verifying the service animal's registration.

Can I leave on a pass? We do not allow passes; however, exceptions can be made for the funeral of a family member or similar situations. We do not allow overnight passes. We do need to search everyone returning from a pass.

How many hours of group do you require? We are a high-intensity program, so we require our patients to attend 30 hours of group per week.

How long is your program? Our program is a minimum of 28 days long but can be up to 45 days long depending on need.

Do you have private rooms? No, all our rooms are shared rooms. You will either have 1 or 2 roommates.