



## New Beginnings Residential Program Questions & Answers

Q: Are dogs allowed?: In general, no. Please talk to your counselor about certified therapy dogs. Animal-support dogs are not allowed.

Q: Can I smoke?: Smoking is allowed on the smoking patio at times when programming is not going on. Vapes and chewing tobacco is not allowed.

Q: Can I use my phone or other electronic devices?: Yes. Personal electronic devices are defined as cell phones, tablets, laptops, blue tooth headphones, handheld/portable gaming systems, or music players. Personal wearable devices include smart rings, smart watches, smart glasses, and other similar items. Use is permitted but limited under certain circumstances.

Q: Can I bring my medications?: You should bring a 30-day supply of any current medications, in their original containers. If you do not have enough on hand, please visit your doctor or pharmacist in advance to get your prescriptions filled. Please note that you will be responsible for all medication costs. Rule 25 without M.A. does not cover medications.

Q: Are visitors allowed?: For the women's program, visiting hours are Saturdays from 9 a.m. – 11 a.m. and on Wednesdays from 6:30 p.m. – 8 p.m. For the men's program, visiting hours are Sunday from 1:30 p.m. – 3:30 p.m. and Tuesdays from 6:30 p.m. – 8 p.m. All visitations are held at the main New Beginnings, Waverly Facility, for both men & women. Visitors are limited to family/significant others only (unless approved by counselor). Underage visitors must be accompanied by a parent or guardian. You will be allowed visitors at all reasonable times from your personal physicians, religious advisor, county case manager, parole or probation officer, and attorney. Your right to receive visitors other than a personal physician, religious advisor, county case manager, parole or probation officer, or attorney may be subject to reasonable written visiting rules and hours established.

Q: Can I get a TV, guitars/musical instruments, video games, etc.?: Personal TVs and video games are not allowed. There are several televisions throughout the building that patients are able to use during down-time. You can bring small hand-held musical instruments, which may be used during downtimes and only in ways that do not disturb others.

Q: How many people to a room and how are roommates assigned?: Each room has either two or three people. Rooms are assigned at admission and will take into consideration a number of different factors which can be discussed at the time of admission.



Q: Can I do my laundry there?: Laundry machines are available, and detergents/fabric softeners are provided. You do your own laundry.

Q: Can I bring my own snacks?: You are allowed to bring in a small amount of snacks that are non-perishable and in unopened packaging. Snacks must be stored in your assigned locker and eaten in the cafeteria.

Q: How many meals are provided?: And what if I have dietary accommodations - Three meals per day plus snacks are provided through the food service program. Special diets are honored as able, including those for medical needs and/or religious reasons.

Q: Can I leave when I want?: You can be transported off site by staff at any time for urgent or emergency medical conditions. You are able to earn offsite AA or NA meetings by earning privileges. Those who are eligible are taken at specific times to visit the ATM and/or tobacco store.