



## Northern Plains Frequently Asked Questions (and Answers)

Q: Do men and women do programming together? Not at this time. We offer programming for men and women, but they run separately without programming together. Men and women are split onto two different units and do not interact with one another.

Q: Can I bring my cell phone? Yes. Cell phones can be used 4 times a week, for 1 hour, with positive treatment engagement.

Q: Can I have visitors? Yes. Visiting hours are Tuesdays (6:00-8:00PM Women / 7:00-9:00 Men) and Sundays (1:00-3:00 Men / 3:00-5:00 Women)

Q: What can I bring? Read the contraband list on the website because it contains both what to bring and what not to bring.

Q: Can I bring Vapes? Not at this time. Cigarettes are allowed during non-group hours and in designated smoking areas.

Q: How many groups do I have to attend? Groups can vary in length of time but are offered from 8:30-5:00 Monday through Friday, with additional groups offered Saturday and Sunday

Q: How long is the program? The average length of time is about 35 days. However, the length of the program is individually based and determined by continuum of care and participation in the program.