



**Purpose:**

To outline the residential contraband policy to stakeholders.

**Application:**

Applies to all residential locations within EOSIS.

**Policy:**

1. EOSIS shares a list of contraband and allowed items in EOSIS residential facilities during treatment.
  - a. The purpose of this list is to ensure the safety of the patient community as well as all staff.
  - b. Patients will be provided this Contraband Policy no later than time of admission.
  - c. Visitors will be provided with the list of items allowed and not allowed in residential facilities prior to visiting hours and/or reviewed prior to them entering the facility.
  - d. At each facility, this policy will be posted and available for review by patients, visitors, and staff.
2. All patients and visitors are required to abide by this policy.
3. Staff are not permitted to use contraband items in the presence of patients, unless required for a specific work purpose.
4. Any items in the facility are subject to being searched, stored, or confiscated for the safety of the community.
5. Documentation:
  - a. Contraband and Under Supervision items will be documented in the patient's record.
  - b. Return or destruction of items will be documented in the patient's record.

**Procedure:**

A. **Contraband:** The following items are not allowed in EOSIS facilities. Personal items may be sent home with referent or other concerned person at the start of your stay. Weapons, illegal items, non-permitted substances, and food items, as listed below, will be confiscated, secured, and/or destroyed. Contraband substances, substance use containers, and substances of abuse paraphernalia will be forfeited, and either destroyed by staff or given over to the custody of local law enforcement in accordance with 42 CFR Part 2. Law enforcement will be consulted for the potential surrender or securing of weapons, explosives, and other items that may cause serious harm to self or others. EOSIS staff will notify patients of the action taken and their right to reclaim any lawful property upon discharge. Without a release of information on file, staff are generally not permitted to disclose to Law Enforcement the identity of the patient.

a. Substances

- i. No substances of abuse, substance of abuse paraphernalia, or alcohol.
- ii. No instant coffee.
- iii. No chewing tobacco.
- iv. No nicotine inhalers or intranasal spray

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- v. Loose leaf tobacco packages or opened packages of cigarettes must be unopened when brought into the facility.
- vi. No Nicotine Patches.
- vii. Alcohol products are not permitted – for personal care items, the first 5 ingredients may not contain alcohol.
- viii. In Minnesota, the legal age to purchase tobacco and nicotine products, including e-cigarettes, is 21 years old
  - Individuals under age 21 are not permitted to admit, or purchase while in care, nicotine products including e-cigarettes.
  - The program will not purchase any nicotine products for individuals under age 21.
  - Smoking cessation items may be used for individuals under age 21 with a provider order.
- b. Food and Drinks
  - i. Food or drinks brought into the facility may not be opened.
  - ii. No perishable foods: any food that spoils or decays if not refrigerated.
  - iii. No fruit.
  - iv. No food items in glass jars.
  - v. No canned items.
  - vi. No energy drinks or canned coffee
  - vii. No protein shakes, bars, or meal supplements unless a provider's order is provided.
  - viii. No aerosol food products (i.e., spray cheese)
- c. No personal over-the-counter medications.
- d. Weapons
  - i. No weapons of any kind including but not limited to pocketknives, pepper spray and other personal safety devices.
- e. Electronics
  - i. No fragrance wall-plug ins.
  - ii. No Electric toothbrushes, electric water flosser, and teeth whitener (LED or electronic device).
- f. Clothing
  - i. No provocative clothing (body must be well-covered).
  - ii. All leggings must be paired with shirts that are long enough to cover the buttocks.
  - iii. No clothing or bandanas with chemical use or gang related slogans including but not limited to bars, casinos, swearing, or related graphics.
  - iv. Tattoos that include chemical use, gang related slogans, or other content deemed inappropriate or disruptive by the Treatment Director must remain covered by clothing when in common areas.
  - v. Appropriate footwear (such as shoes or sandals) is required outside of a patient's room. Bare feet are not permitted in any common spaces
- g. Personal Care Items:
  - i. No hairspray in spray-pump bottles unless it's alcohol free.
  - ii. No needles, sewing kits, push pins, safety pins, etc.
  - iii. No metal nail files.
  - iv. No perfume, body spray, or unmarked containers of any kind.



- v. No super glue, or oil-based paint
    - vi. No aerosol products of any kind.
  - h. Miscellaneous
    - i. No poker chips.
    - ii. No rugs of any kind (unless for religious/cultural purposes).
    - iii. No pornographic material or sex objects (dildo's, vibrators, masturbation items) of any kind.
    - iv. No glass or ceramic items.
    - v. No air fresheners, candles, warmers, incense, etc.
- B. **Under Supervision:** Under Supervision items are stored in a staff designated area. Some items may require direct supervision during use, depending on the item and a person's plan for care; otherwise, items may generally be checked out and returned to staff storage after use. Items found unsecured in patients' room will be taken away.
  - a. Razors
  - b. Hair Clippers
  - c. Non-aerosol shaving cream/lotion
  - d. Nair or hair removing products
  - e. Nail files
  - f. Eyelash curlers
  - g. Nail polish, nail polish remover, acrylic or glue-on nail sets, manicure tools, etc.
  - h. Pumice stones or pedicure tools.
  - i. Smudging materials including personal sage
  - j. Keys, which must be inventoried by staff
  - k. Personal workout equipment (i.e., dumbbells, work out bands, weights, weighted vests, etc).
  - l. Bikes, skateboards, or roller blades
- C. **At Facility Discretion:** The following items are only allowed at some EOSIS facilities or under special circumstances. Any item will be thoroughly searched prior to use. Check with staff/Treatment Director at the facility.
  - a. Hair dryers, curling irons, flat irons
  - b. Dehumidifiers/humidifiers
  - c. Fans
  - d. Night lights
  - e. Sound machines
  - f. Heated blankets
  - g. Suitcases, duffle bags, totes, tote bags, crates, boxes, etc.
  - h. Craft supplies, gel pens
  - i. Personal pens
  - j. Spiritual items
  - k. Tarot cards
  - l. Musical instruments (i.e. guitar, drums, harmonica, keyboards, etc.).
  - m. Personal essential oils
  - n. Noise canceling headphones
  - o. Smart glasses: must be accompanied by a provider order



- D. Electronic Devices:** Personal Electronic Devices, such as cell phones, tablets, hand-held game systems and smart glasses are allowed under certain circumstances.
- Beauttere allows personal electronic devices (cell phones, tablets, laptops, etc) upon admission.
  - Other EOSIS residential programs allow limited device use based on patient's phase of care and progress in treatment.
  - All patients must sign and adhere to the electronics consent form prior to device use.
  - Wearable electronics require a physician order.
- E. Approved Items:** Approved items are kept in your room or locker. Any item may be taken away if it is being misused or interferes with yours/others treatment.
- 2 grocery bags worth of food at a time in factory packaging, un-opened, non-perishable.
    - Crystal light, non-caffeinated Mio, or other individual packs of drink flavoring.
    - Coffee creamer, non-dairy only.
    - All food must be stored in a sealed bin, locker, or lockbox, at facility discretion. Food may not be kept out in the patient's room.
  - Personal Coffee Mugs: Plastic only
  - Personal Care Items:
    - 1 small make-up/hygiene bag
    - Lotion, Deodorant, Shampoo, Conditioner: without alcohol
    - Make-up: Alcohol Free Only
    - Make-up remover without alcohol
  - 1 Pillow: Will be washed and dried, unless new in the original packaging
  - 1 Blanket: Will be washed and dried, unless new in the original packaging
  - Laundry basket or bag
  - No more than 7 days worth of clothing is recommended
    - Excess items, as determined by the facility, will be sent home or stored until your discharge.
    - Items cannot be traded out at any time.
  - No more than 2-3 pairs of shoes and 1 pair of shower shoes are recommended
    - At facility discretion, anything more than this will be placed in staff holding until your discharge.
    - Items cannot be traded at any time.
  - Tobacco:
    - Cigarettes packs must be brand new and unopened. Loose tobacco must be in a new, sealed bag.
    - Nicotine gum or lozenges with provider order.
    - Zyn nicotine pouches
    - Disposable, non-rechargeable, nicotine vapes in a sealed package – no more than 3 at admission. Acceptable brands include: Loon; Geek Bar Mini; MN Legit Mist.
  - Playing Cards, Journals, Books, and other similar items
  - Approved, Alcohol-Free Options
    - MOUTHWASH
      - Equate Alcohol Free Refreshing Mint Anticavity Oral Rinse



- Scope Sparkle Alcohol Free Mint Splash Flavor Mouthwash
- Crest Pro-Health Multi-Protection Mouthwash, Alcohol Free
- Crest Pro-Health Multi-Protection Mouthwash, Alcohol Free,
- Biotene Dry Mouth Mouthwash
- ACT Total Care Fresh Mint Anticavity Fluoride Mouthwash
- Colgate Total Advanced Pro-Shield Peppermint Blast Mouthwash
- Colgate Optic White White Seal Mouthwash,
- Listerine Zero Clean Mint Mouthwash
- Equate Lustrous White Clean Mint Multi-Action Whitening Rinse
- Crest Pro-Health Multi-Protection Refreshing Clean
- Listerine Total Care Anticavity Mouthwash,

ii. TOOTHPASTE

- Pepsodent Complete Care Toothpaste Original Flavor
- Crest Pro-Health Clean Mint Toothpaste
- Natural Dentist 903468 Fluoride Free Toothpaste
- Crest Complete Extra White Plus Scope Dual-Blast Fresh Breath
- Crest 3D White Luxe Sensitivity Toothpaste
- Close-Up Fluoride Toothpaste,
- Aim Toothpaste Gel Whitening
- Close-Up Toothpaste Gel
- Pepsodent Complete Care Toothpaste Original Flavor
- Aim Toothpaste Gel Tartar Control
- Aim Cavity Protection Toothpaste Gel Whitening
- Aqua fresh Extreme Clean Fluoride Toothpaste, Whitening Action
- Crest 3D White Brilliance Toothpaste

iii. HAND LOTIONS

- Lubriderm Daily Moisture Lotion Fragrance Free
- Lubriderm Sensitive Skin Therapy Moisturizing Lotion
- Aveeno Daily Moisturizing Lotion
- Cruel Fragrance-Free Original Lotion for Dry & Sensitive Skin
- Cetaphil Daily Advance Lotion
- Aveeno Active Naturals Skin Relief Fragrance Free Body Moisturizing Lotion
- Malibu Tan for Dry Skin Hemp Body Lotion
- QUEEN HELENE Hand & Body Lotion,
- Cetaphil Estraderm Lotion,
- Vaseline Intensive Care Advanced Repair Lightly Scented Lotion
- Burt's Bees Shea Butter & Vitamin E Body Lotion, e
- Vaseline Intensive Care Cocoa Radiant Rich Feeling Lotion
- OLAY Quench Ultra Moisture Body Lotion
- Vaseline Total Moisture Lotion
- Curel Ultra Healing Lotion
- Equate Beauty Moisturizing Lotion,

- Vaseline Intensive Care Aloe Soothe Lotion
  - NIVEA Extended Moisture Body Lotion,
- iv. DEODORANT FOR WOMEN
- Mitchum Women Advanced 48HR Protection Shower Fresh Gel
  - Mitchum for Women Shower Fresh Clear Gel
  - Degree Women Anti-Perspirant Deodorant Invisible Solid Sheer
  - Naturally Fresh Deodorant Crystal, 3 oz
  - Suave Professionals
  - Secret Outlast Clear Gel Protecting Powder
  - Scent Women's Antiperspirant & Deodorant,
  - Dove Powder Anti-Perspirant Deodorant
  - Arm & Hammer Ultramax Unscented Invisible Solid
  - Suave 24-Hour Protection Anti-Perspirant Deodorant Invisible Solid,
  - Dry Idea Advanced Dry Antiperspirant & Deodorant Clear Gel
  - Soft & Dri Soft Scent Aerosol Antiperspirant Deodorant
  - Sure Wide Anti-Perspirant Deodorant Original Solid Unscented
  - Almay Anti-Perspirant & Deodorant Fragrance-Free Clear Gel
- v. DEODORANT FOR MEN
- Mitcham Men Advanced Clean Control Invisible Solid Anti-Perspirant & Deodorant
  - Degree Men Dry Protection Antiperspirant Deodorant
  - Mitchum Men Roll-On Antiperspirant & Deodorant, Unscented
  - Degree Men Anti-Perspirant Deodorant Invisible Stick Cool Comfort
  - Mitchum Men Roll-On Antiperspirant & Deodorant, Unscented
  - Dove Men Care Clean Comfort Antiperspirant Deodorant,
  - Axe Phoenix Anti-Perspirant & Deodorant Stick
- vi. SHAMPOO FOR WOMEN
- Suave Professionals
  - Nexxus Therappe Shampoo,
  - Pantene Pro-V Sheer Volume Silicone Free Shampoo,
  - Prell Classic Clean Shampoo
  - OGX Renewing Moroccan Argan Oil Shampoo
  - Prell Classic Clean Shampoo,
  - L'Oreal Paris Everpure Smooth Shampoo
  - Pantene Pro-V Ice Shine 2in1 Shampoo + Conditioner,
  - L'Oreal EverPure Moisture Shampoo,
  - Head & Shoulders Classic Clean Dandruff Shampoo
  - Head & Shoulders Clinical Strength Dandruff Shampoo,
  - TRESemme Naturals Radiant Volume Shampoo
  - Pantene Pro-V Volume Silicone Free Shampoo
- vii. CONDITONERS
- Pantene Pro-V Nature Fusion Moisture Balance Conditioner
  - Organic Hair Care Paraben Free Whenever Conditioner

- Aussie Hair Insurance Leave-In Conditioner,
  - Agadir Argan Oil Daily Moisturizing Conditioner
  - John Frieda Frizz-Ease Smooth Start Repairing Conditioner
  - Aveeno Active Naturals Pure Renewal Conditioner,
  - Burt's Bees Super Shiny Conditioner
  - TRESemme Naturals Nourishing Moisture Conditioner,
- viii. SHAVING CREAM FOR MEN
- Vanicream Shave Cream for Sensitive Skin
  - Donovan Industries Shaving Cream Devon Mist Alcohol Free Thick Formula
  - Nivea for Men Shaving Gel, Sensitive
  - Solo Noir Sleek 2-in-1 PreShave + Shave Cream
  - Dove Men+Care Sensitive+ Post Shave Balm
  - Donovan Industries Devon Mist Shaving Cream
- ix. SHAVING CREAM FOR WOMEN
- Pure Silk, Moisturizing Shave Cream for Women
  - Skin mate Revitalizing Moisturizing Shave Cream

F. **Medical Products:** Prescription medications and over-the-counter medications will be given to the nursing department at initiation of service. Medication will be administered per the Medical Services policy. Prescribed medications, determined by the medical provider to be contraindicated or harmful, may be discontinued. The patient's personal physician will be notified, if applicable. Prescription medications that were determined by the facility's medical provider to be harmful after examining the patient will not be returned to patient at service termination except when the patient's personal physician approved the medication for continued use.

G. **Personal Funds:** Facilities strongly encourage patients to not have more than \$50.00 at a time while in programming. Amounts greater than \$100.00 are stored in the facility safe in a sealed envelope signed by the person served and a staff witness.

- a. Whenever the facility assists a person served by the program with the safekeeping of funds or other property, the facility must:
  - i. Ensure the separation of funds of persons served by the program from funds of the facility, the program, and/or program staff.
  - ii. Immediately document receipt and disbursement of the person's funds or other property at the time of receipt or disbursement, including the person's signature, or the signature of the conservator or payee; and
  - iii. Return to the person upon the person's request, funds and property in the facility's possession subject to restrictions in the person's treatment plan, as soon as possible, but no later than three working days after the date of request.
- b. Patients are ultimately responsible for their unsecured funds. EOSIS is not responsible for lost or stolen funds.
- c. The Facility and its program staff will not:





- i. Borrow money from a person served by the program;
- ii. Loan money to a person served by the program;
- iii. Purchase personal items from a person served by the program;
- iv. Use funds of persons served to purchase items for which the facility is already receiving public or private payments.

H. **Emotional Support Animals:** EOSIS residential facilities recognize support animals as patient property. Service animals are accommodated in accordance with EOSIS policies. Limitations related to feeding, health, safety concerns, and the nature of personal property, emotional support animals will not be accommodated within EOSIS residential programs.

I. **Abandoned Property:** Abandoned property will be retained for 30 calendar days. After that period of time, the facility is no longer responsible for the property, and it will be disposed of. Disposal of property will be documented and kept with a copy of the patient's valuables sheet. EOSIS is not responsible for lost or damaged property.