



EOSIS New Beginnings Questions & Answers

Are dogs allowed?

In general, no. Please talk to your counselor about certified therapy dogs. Animal-support dogs are not allowed.

Can I smoke or vape?

Smoking is allowed in designated areas and at designated times. Vaping is permitted but only a limited amount of non-fillable, non-rechargeable, disposable vapes are allowed.

Can I use my phone or other electronic devices?

Yes. Personal electronic devices are defined as cell phones, tablets, laptops, blue tooth headphones, handheld/portable gaming systems, or music players. Personal wearable devices such as smart rings, smart watches, smart glasses, and other similar devices are not permitted without a doctor's order. Use is permitted but limited under certain circumstances.

Can I bring my medications?

You should bring a 30-day supply of any current medications, in their original containers. If you do not have enough on hand, please visit your doctor or pharmacist in advance to get your prescriptions filled. *Please note that you will be responsible for all medication costs;* Rule 25 without M.A. does not cover medications.

Are visitors allowed?

For the women's program, visiting hours are Saturdays from 9 a.m. – 11 a.m. and on Wednesdays from 6:30 p.m. – 8 p.m. For the men's program, visiting hours are Sunday from 1:30 p.m. – 3:30 p.m. and Tuesdays from 6:30 p.m. – 8 p.m. All visitations are held at the main EOSIS New Beginnings, Waverly facility, for both men & women. Visitors are limited to family/significant others only (unless approved by counselor). Underage visitors must be accompanied by a parent or guardian. You will be allowed visitors at all reasonable times from your personal physicians, religious advisor, county case manager, parole or probation officer, and attorney. Your right to receive visitors other than a personal physician, religious advisor, county case manager, parole or probation officer, or attorney may be subject to reasonable written visiting rules and hours established.

Can I get a TV, guitars/musical instruments, video games, etc.?

Personal TVs and video games are not allowed. There are several televisions throughout the building that patients can use during downtime. You can bring small hand-held musical instruments, which may be used during downtime and only in ways that do not disturb others.

**How many people to a room and how are roommates assigned?**

Each room has either two or three people. Rooms are assigned at admission and will take into consideration various factors which can be discussed at the time of admission.

Can I do my laundry there?

Laundry machines are available, and detergents/fabric softeners are provided. You do your own laundry.

Can I bring my own snacks?

You can bring in a small amount of snacks that are non-perishable and in unopened packaging. We will have coffee and snacks available for you as well. There are vending machines on-site as well.

How many meals are provided? And what if I have dietary restrictions/needs?

Three meals per day plus snacks are provided through the food service program. Special diets are honored as able, including those for medical needs and/or religious reasons.

Can I leave when I want?

You can be transported off site by staff at any time for urgent or emergency medical conditions. You can attend off-site Twelve Step meetings by earning privileges. Those who are eligible are taken at specific times to visit the ATM and/or tobacco store.

Are there any recreational activities?

During the summer months there's fishing, volleyball, softball, kickball, frisbee golf, shuffleboard, horseshoes, yard games and walks. In the winter, there's a weight room, ping pong, foosball, board games and crafts.

What if I forget or run out of something?

We routinely go to a local store to pick up needed items.