



## **EOSIS Northern Plains Frequently Asked Questions and Answers**

### **Do men and women do programming together?**

No. We offer programming for men and women, but they run separately without programming together. Men and women are split onto two different units and do not interact with one another.

### **Am I allowed to bring my cell phone, laptop or other electronics?**

Yes. Personal electronic devices such as cell phones, tablets, music players, and blue tooth headphones are allowed. Personal wearable devices such as smart rings, smart watches, smart glasses, and other similar devices are not permitted without a doctor's order. Use is permitted but limited under certain circumstances.

### **Can I have visitors?**

Yes. Visiting hours are Tuesdays (6:00-8:00PM Women / 7:00-9:00 Men) and Sundays (1:00-3:00 Men / 3:00-5:00 Women)

### **What can I bring?**

Read the contraband list on the website because it contains both what to bring and what not to bring.

### **Is smoking or vaping allowed?**

Yes. Smoking is allowed in designated areas at designated times. Vaping is permitted but only a limited amount of non-fillable, non-rechargeable, disposable vapes are allowed.

### **How many groups do I have to attend?**

Groups can vary in length of time but are offered from 8:30-5:00 Monday through Friday, with additional groups offered Saturday and Sunday

### **How long is the program?**

The average length of time is about 35 days. However, the length of the program is individually based and determined by your clinical progress in recovery.

### **What kind of recreational activities do you have?**

We have an XBox 360, pool tables, dart boards, basketball, volleyball, frolf, cornhole, horseshoes, cards, books, arts and crafts, football, bocce ball, softball, and much more. And at certain times of the year, we will go to the Rally for Recovery and movies.

### **What if I forget or run out of something?**



We will pick up items from the local store throughout the week.

**What meals are provided and what if I have dietary requirements?**

Coffee is served all day long and three meals are prepared on-site. Any dietary requirements you have will be accommodated. Snacks are provided in the evening and vendor machines are available to you.

**How many people are in a bedroom?**

There are two people in each room.