

# Packing List

## Residential & Detoxification Programs

### Clothing:

- Residential settings:
  - 7 outfits worth of clothing (including PJs)
  - No more than 2 pairs of shoes and 1 pair of shower shoes
- Detoxification settings:
  - 4 outfits worth of clothing (including PJs)
  - Recommended no more than 1 pair of shoes and 1 pair of shower shoes
- No clothing or bandanas with substances or gang imagery, including and not limited to bars, casino, swearing, or related graphics
- Extra clothing and shoes will be sent home or stored until your discharge

### Alcohol-Free Hygiene Items:

- Mouthwash, Toothpaste, Toothbrush
- Lotion
- Deodorant
- Shampoo, Conditioner
- Shaving Cream, Razor

### Approved Tobacco products:

- Loose leaf rolling tobacco not permitted at detoxification settings
- Cigarettes, sealed in the package
- Disposable nicotine vapes (non-rechargeable, non-refillable) in sealed, unopened packaging (e.g., Loon or Geek Bar).
- Zyns or Nicotine pouches
- Nicotine gum, patches, or lozenges with provider order.

### Drinks:

- Outside food and drinks are not permitted at detoxification settings
- At residential programs, up to 2 grocery bags worth of food may be brought in at a time. Food must be in factory packaging, un-opened, and non-perishable. Protein shakes, instant coffee, canned coffee, and energy drinks are not permitted.

### Activities:

- Headphones. MP3 players without internet access or a camera. The MP3 player must be pre-loaded with music.
- Books, personal journals, coloring books, pencils/crayons, puzzles

### Medical Products:

- Prescription medication in its original bottle, filled within the past 90 days.
- No medical marijuana
- All controlled medications are continued with a signed release of information to the prescribing provider and their statement of medical necessity. \*With the exception at detoxification programs

### Personal Funds:

- Facilities strongly encourage patients to not have more than \$50.00 at a time while in programming. Amounts greater than \$50.00 may be stored in the facility safe in a sealed envelope signed by the person served and a staff witness.

*Any item may be removed by the program if it is being misused or interferes with treatment.*

*Abandoned property will be retained for 30 calendar days. After that period of time, the facility is no longer responsible for the property, and it will be disposed of.*